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Slow Cooker Recipes Complete Boxed Set - Best Tasting Slow Cooker Recipes: 3 Books In 1 Boxed Set - 2015 Slow Cooking Recipes



Synopsis

In our modern fast paced world it is sometimes difficult to get good nutrition. Slow cooker recipes allows those on the go to prepare awesome meals that are ready when needed. By adding the necessary ingredients from the recipe into a slow cooker and setting the cooker to the appropriate cooking temp for the specified length of time, it creates a hearty meal that can be eaten and stored for later needed. Slow cooker recipes can save time and money.

Book Information

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Customer Reviews

I was a bit confused as to what I was initially reading. This was to be slow cooker recipes, yet the first couple pages talk about weight loss and dieting. In fact, some of the advice isn't such good dieting advice and not a lot of people have weight issues due to "junk food" as the book goes on to say. But then, as I read the recipes in the book (which is poorly written), a lot of these recipes aren't exactly healthy! They call for canned, condensed soups, which are high in fat and salt. At the end of the crock pot section, they give a meal plan which is not healthy nor is it low cal/low fat! Some of the recipes sound ok, but I didn't exactly see a lot where I just HAD to buy this book. I collect good,

quality or unique cookbooks, and this didn't keep my attention. Not only was it confusing, the grammar isn't the best. Also, one recipe calls for "3 teaspoons" of something, that's 1 tablespoon! Why would you tell someone to waste their time measuring 3 teaspoons, when they could use 1 tablespoon??? In another recipe, all the ingredients are listed, then the directions, but at the end they tell you that you can add a can of peas for color. The peas were nowhere in the list of ingredients! Other areas could be a bit confusing, especially for someone who doesn't cook a lot. When giving amounts, ingredients and directions you have to be VERY specific. An experienced cook could guess or figure it out, but a lot of new or inexperienced cooks would not make the correct guess. The book then goes into a long discussion about juicing diets. A lot of these don't sound appealing, nor is this section written well. At the end of one section, the last line is "Do not refrigerate"...clearly it should say, do not refrigerate.

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